



LIFE ADVENTURE MAP

You will create and use this map to guide you to focus on your workable goals in the present so you can get what you want in the future. Your map can be in the form of a book, flip pages or one big poster board with each area separated. You will write out a goal plan for each area; specific steps that will take you to the ultimate finish. Grab a notebook or scratch paper to write out your goals and plans for each of the 7 areas and then use that as a guide to create your map. Like other maps you will cut out pictures and words from magazines to paste on your map. The adventure is in the vision you have in your head about what you want your life to look like and making these goals happen throughout your life. The obstacles, triumphs, setbacks and journey are all part of the adventure and are the things that will help you grow in each area. So make it fun and enjoy the journey no matter how long it takes!

This map consists of 7 categories:

- 1. Financial** – what do you want your financial life to look like?
- 2. Education/Career** - What are your educational goals? What would you like to do with your life?
- 3. Relationships** – What kind of a friend, sibling, child, etc., would you like to be?
- 4. Physical Health Fitness** - What are your fitness and health goals?
- 5. Children/Creativity** – Do you plan to have kids of your own? What would you like to create?
- 6. Recreation/Fun** – What are your hobbies? What do you like to do for fun?
- 7. Personal Goals** – How would you like to improve yourself?

Purpose: to eliminate the preconceived notion that making goals about specific areas in your life are tedious, boring and monotonous. This life/adventure map will make it fun for you and more likely for you to stay committed to reaching your goals. In addition this map will give you something to look at to motivate you to action in each area. I encourage

you to take at least one step every day to bring these goals into fruition and actually create the life adventure you dream of and deserve!

**When you finish your Life Adventure Map I encourage you to showcase it on our Facebook page and share your creativity to inspires others or give yourself a self-esteem boost with the feedback you receive. Go to www.facebook.com/angelicrainbowenterprises and share your life adventure if feel inspired to do so! I'm looking forward to viewing your creative designs and ideas for your life! And if you need assistance please do not hesitate to contact me (Cicely) at [Life Map](#) for ideas!*

Angelic Rainbow Enterprises, LLC. Copyright © 2016. All Rights Reserved.

www.angelicrainbow.org

